

CLASS:X

Select options showing transformation of given sentences, correctly.

5. You have to finish you work first. You should remember it.

- A. You should remember that you have to finish you work first.
- B. You should remember first that you had to finish your work.
- C. You should first remember that you will have to finish your work.
- D. You should remember that you first would have finished your work.

6.

The book is missing. We will have to give you a new book.

- A. The book is missing and we have to give you a new book.
- B. Since the book is missing, we will have to give you a new book.
- C. The book is missing because we have to give you a new book.
- D. When the book is missing and we have to give you a new book.

Select options (synonyms) to the given words.

7. Emanate

- A. To bring out B. To elaborate about
- C. To emphasise on something
- D. To produce/show something

Select options (antonyms) to the given words.

8. expand

A. contrast	B. contract
C. inplant	D. implant

II. Reading Comprehension

Read the stories given below carefully and choose correct options as answers to the questions that follow.

Music rejuvenates the mind. When music therapy is combined with other relaxation techniques based on guided imagery, it reduces depression, pain and anxiety. Fibromyalgia is a condition that causes pain, stiffness and tenderness of the muscles, tendons and joints. In such a condition music also improves sleep.

Researchers used relaxation technique based on guided imagery and music therapy for treatment of patients. They were given a CD each, which they could listen to, at home. Then, the researchers measured the different symptoms associated with Fibromyalgia like intensity of pain, quality of life, sleep disorders and others. The patients showed positive improvement in their condition. This reveals that the art of relaxation and receptive music therapy are effective to a great extent.



Find the word which is close in meaning to 'anguish'.

- A. devotional songs B. se
 - B. severe pain
- C. relaxation technique D. astonishment of mind

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